

Texas State Soccer Li'l Bobcat Camp

July 9-13, 2023

Session Topics/Curriculum

Sunday, July 9

- Ball lifts/juggling
- Dribbling

Monday, July 10

- Passing/receiving
- Dance competition!

Tuesday, July 11

- Shooting
- Cool T-shirt competition!

Wednesday, July 12

- Review/Bobcat Escape
- Crazy hair contest!
- Coloring contest!

Thursday, July 13

- Soccer Olympics
- Closing Ceremony

Sunday, July 9

- 4:30 check-in
- 5:00 introductions/demo – ball lifts/juggling
- 5:20 break into groups/take role
- 5:30 warm-up/ball lifts/juggling
- 5:50 dribbling
- 6:15 Break at field– announce competitions for the week
- 6:30 Full-field Games
- 7:30 End Session – Camp Store Open!

Monday, July 10

- 9:00 camp demo – passing/receiving
- 9:15 musical morning warm-up
- 9:30 review Sunday's topics with activity
- 10:00 passing/receiving
- 10:25 Inside Activity - Dance competition!**
- 10:45 Full-field Games
- 11:30 End session - Camp Store Open!

Tuesday, July 11

- 9:00 camp demo - shooting
- 9:15 musical morning warm-up
- 9:30 review Sunday's/Monday's topic with activity
- 9:45 shooting progression
- 10:00 shooting
- 10:25 Inside Activity – Cool T-shirt Competition!**
- 10:45 Full-field Games
- 11:30 End session - Camp Store Open!

Wednesday, July 12

- 9:00 Crazy Hair Contest!**
- 9:15 musical morning warm-up
- 9:30 review Sunday's/Monday's topic with activity
- 10:00 review Tuesday's topic with activity
- 10:25 Inside Activity – Coloring contest!**
- 10:45 Full-field Games
- 11:30 End session - Camp Store Open!

Thursday, July 13

- 9:00 Soccer Olympics!**
- 10:00 Camp photo – Wear your camp t-shirt
- 10:15 Break at field
- 10:30 Full-field Games
- 11:15 closing ceremony
- 11:30 End session – Camp Store Open!

Contact List:

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